

# Up And Over

The 1994 Girls Track season was a season to rebuild. It was a season to lay a foundation for the future. Carmilla Young and Tiffany Roseboro gave our young relay members the leadership that was needed to be successful.

On the bright side, Najeebah Shareef was the Star Front Champion in the 100 high hurdles. Sabrina Stevenson was the Star Front Triple Jump Champion. Tiffany McCants won the Hilton Head Relay's Shot Put Championship, a 1600 meter relay, and qualified for the AAAA Lower State Track and Field Championship. "This season was the best for me," commented Carmilla Young. "Even though we didn't win many meets, that was not the most important thing. What

matters is we strived for the best at our own level."

The future looks bright for the Girls Track Team. "This was my first year on the track team," said Carmille Akande, "and it was very successful. It took a lot of hard work, but it was worth it." Hard work and effort will build a track team together. "This was my second and most successful year on the track team," said Melissa Irby. "Because many of the seniors were gone, it gave the younger runners, like me, a chance to shine." The track team had a very successful year and there will, no doubt, be many more to come. The track members took in a lot from the previous runners and plan to build a better group next year.



Struggling for that great finish, Bridgett Thompson shows anxiety as she races to the finish line.

Seeming to hang in the air, Jameelah Blackwell soars over the sand pit hoping to break the record.

Carefully arching her body, Chanique Belton soars over the crossbar during the high jump competition.

