

Griffin Girl's Track

Highlights from the 1999 Girl's Track Season

MVP: Courtney Nixon

Outstanding Field Athlete: Ashley Wood

Outstanding Distance Runner: Sonya Hightower

New School Records

Discuss - Courtney Nixon

1600m Run - Sonya Hightower

4 x 800m Relay - Sonya Hightower, Shannon Owens, Ashley Wood, Sha'Ron Robertson

All-Region Selections

4 x 400m Relay - Sha'Ron Robertson, Sonya Hightower, Lawuanda McConnell, Ashley Wood

Discuss - Courtney Nixon



Above: Fairfield Central Girl's Track 1999 MVP, Courtney Nixon

Right: LaTracy Boulware, LaQuanda McConnell, Deneatre McBride and Ashley Wood

